

Virginia Explorer



There's no disputing that Virginia has some absolutely incredible bike trails! The problem is that they are not connected, making a self-supported adventure challenging. However, our Virginia Explorer has smoothed the way, providing you with an amazing cycling vacation taking you to the very best bike trails Virginia, and West Virginia have to offer. From the incredible Greenbrier River Trail to the awesome Capital trail, and cycling in lovely and historic Colonial Williamsburg, this tour is packed with fun, adventure and incredible history!

The Trails: Greenbrier River Trail, New River Trail, High Bridge Trail, Capital Trail, Colonial National Parkway.

Tour Includes: All lodging, full ride support, daily luggage shuttle, tour guides, immense amounts of fun!

Meals: 7 Breakfasts; 4 Lunches; 2 Dinners

Duration: 8 Days / 7 Nights

Lodging: Hotels & Inns

Difficulty: Easy

Total Miles: 235 miles

Avg. Daily Miles: 35 – 50

Hills: Easy



Greenbrier River Trail



New River Trail



Virginia Capital Trail

Getting Here

Tour begins and ends at Dulles International Airport. If you drive to the tour you'll need to secure your own long term parking.

Day 1: Arrive Dulles & Trip Orientation

7:00 PM Trip orientation at hotel

Please gather in the front lobby of the hotel at 7PM where you'll meet our crew members for trip orientation.

Day 2: Greenbrier River Trail to Marlinton

25 Miles

8:00 AM Shuttle to Trailhead in Cass, WV
Activity Dinner Social

Upon arriving in Cass we'll have a quick picnic lunch before jumping on the bikes to knock out our first 25 miles on the Greenbrier River Trail, one of America's premier rail trails. There's no shortage of stunning scenery as we meander with the Greenbrier River passing through remote, picturesque countryside. In the evening we'll enjoy a group dinner social on the river's edge at the Greenbrier Grille.

Day 3: Marlinton to Caldwell

53 Miles

Activity Pizza Night at Hotel

Back on the Greenbrier River Trail we begin to see remnants of the old railroad, including many whistle-stops and historical mile markers. Beyond Beard (mile post 31) are two spectacular tunnels: the 402' long Droop Mountain Tunnel, built in 1900; and Sharps Tunnel, 511' long and built in 1899. We continue cycling, where

just beyond Anthony, the trail crosses two old railroad bridges before reaching its southernmost terminus at North Caldwell. After cycling we head to Pulaski (< 1 hr.), our basecamp for the next 2 nights.

Day 4: New River Trail

52 Miles

8:30 AM Shuttle to Trailhead : New River State Park

Nestled in Virginia's Blue Ridge Highlands, the New River Trail State Park offers 57 miles of lush green canopy. The gentle grade and perfect stone-dust surface make the New River Trail a joy to cycle, and its proximity to the New River, (which is actually one of the world's oldest rivers, geologically speaking), provides gorgeous scenery and the opportunity to cool off with an invigorating plunge.

Day 5: High Bridge Trail

32 Miles

8:30 AM Shuttle to High Bridge Trailhead

The High Bridge Trail is unique in that the entire 31-mile trail is a state park, with the centerpiece being, of course, the High Bridge. At over 2,400' feet long, and rising 125 feet above the Appomattox River, the majestic High Bridge is among the longest in the nation. Built in 1853, the bridge is also a Virginia Historic Landmark and on the National Register of Historic Places.

Day 6: Virginia Capital Trail

50 Miles

8:30 AM Shuttle to Capital Trail Trailhead

The Virginia Capital Trail transports you through time as it travels nearly 52 miles between the state's first capital at the Jamestown Settlement, and the current capital city of Richmond, traversing lands first inhabited by the Powhatan, Chickahominy, and other Native Americans. The smooth, paved trail follows the scenic James River with outstanding views and access to many historic sites. The trail ends in Jamestown where you'll have a chance to explore before continuing on to Colonial Williamsburg and our lodging for the next 2 nights.

Day 7: Colonial Historic Parkway

20 Miles

The Colonial Parkway is an amazing bike ride taking you through the historic triangle of Williamsburg, Jamestown and Yorktown. We'll shuttle to Yorktown where you can visit any of the many historic sites. From there it is gorgeous cycling as you spend the day exploring Jamestown and Colonial Williamsburg by bike.

Day 8: Departure

8:30 AM Return Shuttle to Dulles Airport (approx. arrival 11:00 AM)

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